

The candidate must make the statement required below prior to his/her medical examination, and must sign the Declaration appended thereto. His/her attention is specially directed to the warning contained in the note below:

1. State your name in full (in block letters)

2. State your age and birth place

3. a) Do you belong to races such as Gorkhas, Garhwales, Assamese, Nagaland Tribals, etc. whose average height is distinctly lower. Answer 'Yes' or 'No' and if 'Yes', state the name of the Tribe/Race

3. b) Have you ever had small-pox intermittent or any other fever, enlargement or suppuration of glands, spitting of blood, asthma, heart disease, lung disease, fainting attacks, rheumatism, appendicitis? OR Any other disease or accident requiring confinement to bed and medical or surgical treatment?

4. When were you last vaccinated?

5. Have you suffered from any form of nervousness due to over-work or any other cause?

6. Furnish the following particulars concerning the family:

Father's age if living, state of health	Father's age at death and cause of death	No. of brothers living, their ages and state of health	No. of brothers dead, their ages at death and cause of death
Mother's age if living, state of health	Mother's age at death and cause of death	No. of sisters living, their ages and state of health	No. of sisters dead, their ages at death and cause of death

7. Have you been examined by a Medical Board before?

8. If answer to the above is 'Yes', please state what service(s) you were examined for:

9. Who was the examining authority?

10.	Where was the Medical Board held?		
11.	Result of the Medical Board's examination, if communicated to you or if you know		
All the above answers are to the best of my belief, true and correct.			
Candidate's Signature			
Signed in my presence			
Signature of the Chairman of the Board			
<i>Note: The candidate will be held responsible for the accuracy of the above statement. By willfully suppressing any information he/she will incur the risk of losing the appointment and, if appointed, of forfeiting all claims to superannuation Allowance and Gratuity.</i>			
REPORT OF THE MEDICAL BOARD			
Name of the candidate			
Physical Examination			
1.	General development	Good	Fair
	Nutrition	Thin	Average
	Height	without shoes	
	Weight	best weight	when
	Any recent change in weight?		temperature
	Girth of Chest:	a) After full inspiration	b) After full expiration
2.	Skin: Any obvious disease:		
3.	Eyes		
	a) Any disease		
	b) Night		
	c) Defect in Colour Vision		
	d) Field of Vision		
	e) Visual Acuity		
	f) Fundus Examination		

Acute of Vision		Naked Eye	With Glasses	Strength of Glasses		
				Sph.	Cyl.	Axis
Distant Vision	RE					
	LE					
Near Vision	RE					
	LE					
Hyper metropia (Manifest)	RE					
	LE					
4.	Ears:					
	a) Insection					
	b) Hearing:	Right Ear	Left Ear			
5.	Glands		Thyroid			
6.	Condition of teeth					
7.	Respiratory system					
	Does Physical Examination reveal anything abnormal in the respiratory or gans?					
	If yes, explain fully					
8.	Circulatory system					
	a) Heart: Any organic lesions?					
	Rate: Standing After hopping 25 minutes 2 minutes after hopping					
	b) Blood pressure	Systolic	Diastolic			
9.	Abdomen:	Girth	Tenderness	Hernia		
	a) Palpable:	Liver	Spleen	Kidneys		
	b) Tumors					
	c) Hemorrhoids		Fistula			
10.	Nervous system: Indications of nervous or mental disabilities					
11.	Loco-motor system: any abnormality					
12.	General urinary system					
	a) Any evidence of Hydrocele, Varicocele, etc.					

b) Urine analysis		
Physical appearance	Sp. Gr.	Albumin
Sugar	Casts	Cells
13.	Report of screening/X-ray examination of chest	
14.	<p>Is there anything in the health of the candidate likely to render him/her unfit for the efficient discharge of his/her duties in the service of which he/she is a candidate?</p> <p><i>Note: In the case of female candidate, if it is found that she is pregnant of 12 weeks standing or over, she should be declared temporarily unfit, vide Regulation 9.</i></p>	
15.	i) State the Services for which the candidate has been examined:	
	a) Indian Administrative Service and Indian Foreign Service	
	b) IPS & Delhi, Himachal Pradesh Police Service	
	c) Other Central Services, Class I & II	
	d) Indian Forest Service	
	ii) Has he/she been found qualified in all respects for the efficient and continuous discharge of his/her duties in	
	a) Indian Administrative Service and Indian Foreign Service	
	b) IPS & Delhi, Himachal Pradesh Police Service (see especially height, weight, chest girth, eye sight, colour blindness and locomotive system)	
	c) Transportation, Traffic and Commercial Departments of the Indian Railways	
	c) Other Central Services, Class I & II	
	d) Indian Forest Service	
	iii) Is the candidate fit for FIELD SERVICE?	
	<i>Note: The Board should record their findings under one of the following three categories:</i>	
a) Fit		
b) Unfit on account of		
c) Temporarily unfit on account of		
Chairman		Member
Member		Member
Place		Date