

भारतीय मानक ब्यूरो

(स्थापना विभाग)

परिपत्र

विषय: केंद्र सरकार द्वारा सूचीबद्ध निजी अस्पतालों में 40 वर्ष या उससे अधिक आयु वाले समूह क अधिकारियों की वार्षिक चिकित्सा जांच (एएमई)।

समसंख्यक परिपत्र दिनांक 08.09.2020 के संदर्भ में, सभी संबंधितों की सूचनार्थ परिचालित किया जाता है कि ब्यूरो द्वारा एक और अस्पताल, जिसका नाम यशोदा सुपर स्पेशलिटी हास्पिटल, कौशांबी, गाजियाबाद है के साथ समझौता ज्ञापन पर हस्ताक्षर किये गये हैं। अतः 40 वर्ष या इससे अधिक आयु वाले समूह क अधिकारी उक्त अस्पताल से वार्षिक चिकित्सा जांच की सुविधा का लाभ उठा सकते हैं।

2. वार्षिक चिकित्सा जांच के लिए अब तक सूचीबद्ध अस्पतालों की समेकित सूची नीचे दी गई है और यशोदा सुपर स्पेशलिटी हास्पिटल, कौशांबी, गाजियाबाद का नाम सूची में क्रम संख्या 3 पर दिया गया है।

क्रम सं.	अस्पताल का नाम	अस्पताल का पता	संपर्क व्यक्ति का विवरण	वैधता की तारीख (तीन वर्ष)
1.	मैट्रो हॉस्पिटल्स एंड हार्ट इंस्टीट्यूट	L-94 सेक्टर 11 और -1, सेक्टर 12, नोएडा 201301 पंजीकृत कार्यालय: 14, रिंग रोड लाजपत नगर IV नई दिल्ली - 110024	श्री सी एम भटनागर (महाप्रबंधक - कॉरपोरेट मामले) मोबाइल -99102725774 फोन-120-2533491, 2444466 4366666 ईमेल-Metro@metrohospitals.com	7.9.2020 से 6.9.2023
2.	अपोलो हॉस्पिटल	ई-2, सेक्टर-26 नोएडा (यूपी) 201301	श्री सुनील भारद्वाज , उप प्रबंधक , मार्केटिंग 98102044772 Sunilb@apollohospitalsdelhi.com श्रीमती रजनी शर्मा प्रमुख सी, समन्वयक 9810296469	7.9.2020 से 6.9.2023

3.	यशोदा सुपर स्पेशलिटी हास्पिटल	एच-1, 26, 27, कौशांबी, गाजियाबाद	श्री गौरव पांडे, प्रमुख मार्केटिंग एवं कॉर्पोरेट मामले, मो. 9811778998 120-4189500 <a href="mailto:Marketinghead.yhk@yashodahospital.org">Marketinghead.yhk@yashodahospital.org</a> <a href="mailto:Poojach.1402@gmail.com">Poojach.1402@gmail.com</a>	29.09.2020 से 28.09.2023
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2. परिपत्र, दिनांक 8.9.2020 में नियम एवं शर्तें और प्रक्रिया वही रहेंगी।

(संदीप मीना)

निदेशक (स्थापना)

हमारा संदर्भ: स्था.1/29:3/2020, दिनांक: 5.10.2020

**सूचनार्थ परिचालित:** बीआईएस इंटरनेट के माध्यम से बीआईएस मुख्यालय के सभी विभागों/केंद्रीय प्रयोगशालाओं/एनआईटीएस/क्षेत्रीय/शाखा कार्यालयों/प्रयोगशालाओं को परिचालित।

**BUREAU OF INDIAN STANDARDS**

(Establishment Department)

**CIRCULAR**


Subject: **Annual Medical Examination (AME) of Group A officers of the Bureau of the age of 40 years and above, from CGHS empanelled private hospitals**

Further to the Circular of even number dated 8.9.2020, it is circulated for information of all the concerned that Memorandum of Agreement (MoA) with one more hospital viz. Yashoda Super Speciality Hospital, Kaushambi, Ghaziabad has been signed by the Bureau and the Group A officers of the Bureau of the age of 40 years and above can now avail the facilities of Annual Medical Examination from the said hospital also.

2. The consolidated list of the hospitals so far empanelled for Annual Medical Examination is given below and the name of the Yashoda Super Speciality Hospital, Kaushambi, Ghaziabad exists at Sl. No. 3 in the list

Sl. No.	Name of the hospital	Address of the hospital	Contact person details	Date of validity (three years)
1	Metro Hospitals & Heart Institute	L-94, Sector 11 & X-1, Sector-12, NOIDA-201301 Registered Office: 14, Ring Road, Lajpat Nagar IV, New Delhi - 110024	Shri C.M. Bhatnagar, (General Manager – Corporate Affairs) Mobile: 99102725774 Phone: 120-2533491,2444466 4366666 Email id: Metro@metrohospitals.com	7.9.2020 To 6.9.2023
2	Apollo Hospital	E-2, Sector 26, Noida (UP) 201301	Shri Sunil Bhardwaj Deputy Manager, Marketing 98102044772 <a href="mailto:Sunil_b@apollohospitalsdelhi.com">Sunil_b@apollohospitalsdelhi.com</a> Ms. Rajani Sharma, Head C., Co-ordinator 9810296469	7.9.2020 To 6.9.2023
3.	Yashoda Super Speciality Hospital	H-1, 26, 27, Kaushambi, Ghaziabad	Gaurav Pande Head Marketing & Corporate Relations M-9811778998 120-4189500 <a href="mailto:marketinghead.yhk@yashodahospital.org">marketinghead.yhk@yashodahospital.org</a> <a href="mailto:dr.sunil@yashodahospital.org">dr.sunil@yashodahospital.org</a> <a href="mailto:poojach1402@gmail.com">poojach1402@gmail.com</a>	29.09.2020 To 28.9.2023

2. The Terms & Conditions and Procedure given in the Circular dated 8.9.2020 remain unchanged.

  
**(Sandeep Meena)**  
**Director (Establishment)**

Our Ref: Estt. I/29:3/2020 dated 05.10.2020

**Circulated for information to:** All the departments at BISHQ/CL/NITS/ROs/BOs/Labs through BIS Intranet



No. 21011/1/2009-Estt (A)- Part  
Government of India  
Ministry of Personnel, Public Grievances and Pensions  
(Department of Personnel and Training)

North Block, New Delhi, 1<sup>st</sup> February, 2012

OFFICE MEMORANDUM

**Subject:- Introduction of Annual Medical Examination for the Group 'A' officers of Central Civil Services of age 40 years and above.**

The undersigned is directed to say that a scheme of Annual Medical Check-up is already operating in respect of All India Service officers. This Department had taken up the issue of covering Group 'A' officers of Central Civil Services/posts for Annual Medical Check-up in consultation with the Ministry of Health and Family Welfare and the Ministry of Finance (Department of Expenditure). It has now been decided that Group 'A' officers of Central Civil Services/Posts of and above the age of 40 years will be covered by the Annual Medical Check-up scheme. The following package rates for the above purpose have been approved:-

- (i) Annual Medical Examination of Men officers- Rs. 2000/-  
(Rupees Two Thousand only)
- (ii) Annual Medical Examination of Women officers- Rs. 2200/-  
(Rupees Two Thousand and Two Hundred only)

2. The regime of medical tests for the above purpose will be as given in the ANNEXURE-I.

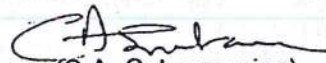
3. The Ministry of Health and Family Welfare has informed that the above rates were offered to CGHS empanelled private hospitals in Delhi and NCR and the 26 hospitals given in ANNEXURE-II have accepted the offer and agreed to conduct the Annual Medical Examination of the Group 'A' Officers of Central Civil Services of 40

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years and above. The Ministry of Health and Family Welfare is in the process of empanelling hospitals in other CGHS cities on the same terms and conditions. In non-CGHS cities the offer is being made to the hospitals recognized under CS(MA) Rules, 1944. Ministry of Health and Family Welfare has indicated that it will require atleast three months time for empanelling the hospitals for other places outside Delhi/NCR where CGHS/CS(MA) recognized hospitals are available. This will be communicated later. There are places where there are no empanelled hospitals. In such places, the administrative Departments/offices may engage quality local hospitals on the same terms and conditions to get the Annual Medical Examination of their officers conducted subject to ceiling of Rs.2000 and Rs.2200/- for men and women officers respectively or actual whichever is less.

4. All Ministries/Departments are accordingly requested to cater the estimated expenditure in their budget for reimbursement of the amount to the concerned officer and implement the scheme during the financial year 2012-13 for the officers located in Delhi and NCR. Instructions with respect to officers located outside Delhi/NCR where CGHS/CS (MA) recognized hospitals are available would follow. The concerned officer may be handed over the copy of complete Medical Report and the summary of the Medical Report in the enclosed proforma (Annexure-III) separately prepared by the Medical Authority is to be attached to the APAR of the concerned officer.

  
(C.A. Subramanian)

Joint Secretary to the Government of India

To

**All Ministries/Departments of Government of India**

Copy to:-

President's Secretariat/Vice-President's Secretariat/Prime Minister's Office/Cabinet Secretariat/Election Commission/Lokk-Sabha Secretariat/Rajya Sabha Secretariat/ C&AG/UPSC/CIC/SSC.

2. Technical Director, NIC, Department of Personnel and Training for uploading the circular under the heading-'what is new' this Department's web-site immediately.



**ANNEXURE-I**

- 3 -

**INVESTIGATION REPORTS****Tests for Group 'A' Officers**

1.	<b><u>Heamogram</u></b>  (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocytes (c) Eosinophils (d) Basophils (e) Monocytes  (iv) Peripheral Smear
2.	<b><u>Urine Examination</u></b>  (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Ezam.
3.	<b><u>Blood Sugar</u></b>  (i) Fasting (ii) Post-Prandial
4.	<b><u>Lipid Profile</u></b>  (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides
5.	<b><u>Liver Function Tests</u></b>  (i) S. Bilirubin (Total) (ii) S. Bilirubin (Direct) (iii) S.G.O.T. (iv) S.G.P.T.
6.	<b><u>Kidney Function Tests</u></b>  (i) Blood Urea (ii) S. Creatinine (iii) S.Uric Acid

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7.	<p><b>Cardiac Profile</b></p> <p>(i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT</p> <p><b>For Men</b></p> <p>(v) PSA</p> <p><b>For Women</b></p> <p>(vi) PAP SMEAR</p>
8.	X-Ray-Chest PA View Report
9.	ECG Report
10.	USG Abdomen Report
11.	TMT Report
12.	Mammography Report (Women)

**Gynecological Health Check UP**

1	<p>Pelvic Examination</p> <p>(i) Local Examination (ii) Per Vaginum (P/V) (iii) Per Speculum</p>
	Surgical Examination
	Breast Examination
	Urological Examination (For Men only)
	Rectal Examination (For Men only)

**Systemic Examination**

1.	Resp System
2.	CVS
3.	Abdomen
4.	CNS
5.	Locomotor System
6.	Dental Examination

Contd....



- 5 -

**Eye Examination**

1.	Distant Vision
2.	Vision with Glasses
3.	Colour Vision
4.	Tonometry
5.	Fundus Examination

**ENT**

1.	Oral Cavity
2.	Nose
3.	Throat
4.	Larynx

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**ANNEXURE-II**

- 6 -

**LIST OF HOSPITALS WHO HAVE ACCEPTED THE RATES FOR ANNUAL HEALTH CHECK UP.**

1. Fortis Flt. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi.
2. Fortis International Hospital, Noida.
3. Escorts Heart Institute & Research Centre, Okhla.
4. Sarvodaya Hospitals, YMCA Road, Faridabad.
5. Kailash Hospital, Noida.
6. Metro Hospital, Preet Vihar, New Delhi.
7. RLKC Hospital, Naraina Road, New Delhi.
8. MGS Hospital, West Punjabi Bagh, New Delhi.
9. Kukreja Hospital, Kirti Nagar, New Delhi.
10. Paras Hospital, Gurgaon.
11. BL Kapoor Hospital, Pusa Road, New Delhi.
12. Kalra Hospital, kirti Nagar, New Delhi.
13. Max Hospital, Saket, New Delhi.
14. Max Hospital, Patparaganj, New Delhi.
15. Narender Mohan Hospital, Ghaziabad.
16. Apollo Hospital, Noida.
17. Max Hospital, Gurgaon.
18. Sunder Lal Jain Hospital, Ashok Vihar, New Delhi.
19. Bansal Hospital, New Friends Colony, New Delhi.
20. Yashoda Hospital, Ghaziabad.
21. St. Stephans Hospital, Tis Hazari, Delhi.
22. Sumitra Hospital, Noida.
23. Metro Hospital, Noida.
24. Dr. P. Bhasin Path Labs (P) Ltd, New Delhi.
25. Surbhi Hospital, Noida.
26. Prakash Hospital, Noida.

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**ANNEXURE-III**

- 7 -

**SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO APAR)**

1.	Overall Health of the officer	
2.	Any other remarks based on the Health Medical Check- up of the officer	
3.	Health profile grading	

Date:

Signature of Medical Authority  
Designation

Contd.....



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# PROFORMA FOR HEALTH CHECK UP FOR POLICE OFFICERS

Name : \_\_\_\_\_

Age : \_\_\_\_\_ Sex : M/F

Marital Status: Married  Unmarried

Residential Address: \_\_\_\_\_

Tele-contact: \_\_\_\_\_

E-mail ID: \_\_\_\_\_

Office Address: \_\_\_\_\_

Blood Group: \_\_\_\_\_

## History of Known illness

Raised BP- Yes  No  If, yes- on Regular treatment- Yes  No

DM - Yes  No  If, yes- on Regular treatment- Yes  No

IHD- Yes  No  If, yes- on Regular treatment- Yes  No

Stroke- Yes  No  If, yes- on Regular treatment- Yes  No

## Kidney Disease:

Chronic Renal Failure- Yes  No  If, yes- on Regular Dialysis- Yes  No

Any history of Surgery/ prolonged hospitalization (more than 2 weeks)

Yes / NO if yes, reasons thereof

Any history of loss of appetite- Yes  No

Any history of loss of Weight- Yes  No

*Combs*



Any history of altered bowel habit Yes  No

Any history of Chewing Tobacco Yes  No

Family History of: DM  HT  Obesity

Premature CAD Yes/ No

Malignancy Yes/ No

Stroke Yes/ No

T.B. Yes/ No

Glaucoma & Premature Cataract Yes/No

Smoker Yes No If yes Number per day

Ex-Smoker Years of Smoking  Years of quitting smoking

Vegetarian Yes No Non vegetarian Yes No

Pan Masala Yes No

Alcohol Yes No If regular quantity in ml per day

Regular Exercise Yes No

- Nature of \*Exercise
- Walking
  - Jogging
  - Cycling
  - Swimming



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