

भा.सा.ब्यूरो मुख्या./प्रशा./परिपत्र (30)/2024
BIS HQ/ADMN/Circular (30)/2024

दिनांक: 20 जून 2024
Date: 20 June 2024

भारतीय मानक ब्यूरो/Bureau of Indian Standards
(प्रशासन विभाग/Administration Department)

परिपत्र/Circular

Subject: Celebration of 10th International Day of Yoga (IDY), 2024 on 21 June 2024

This is in continuation of our earlier Circular related to International Day of Yoga (IDY), 2024, now, D.O. ref. No. M-16011/27/2024-YN dated 15 June 2024 issued by the Secretary, Ministry of Ayush, Govt. of India, New Delhi regarding preparation for 10th International Day of Yoga (IDY), 2024 on 21 June 2024 has also received along with Common Activities for Ministries/ Department for compliance (copy enclosed).

2. In this connection, details of IDY celebrations on 21 June 2024 at BIS Club Room for officials of BIS HQs are given below:

Sl. No.	Particular	Time
(i)	Session I (Yoga Session for HoDs and above)	0930 hrs to 1015 hrs
(ii)	Session II	1030 hrs to 1100 hrs
(iii)	Session III	1115 hrs to 1145 hrs
(iv)	Session IV	1200 Noon to 1230 hrs
(v)	Session V	1230 hrs to 1300 hrs
(vi)	Session VI and more	1400 hrs to 1430 hrs and onwards

3. On the occasion of IDY, 2024, Yoga Logo printed T-Shirts and water bottles will be given to interested participants. After the yoga, refreshment packets will also be distributed.

4. In this regard, for smooth conducting of IDY, 2024 event, following are being requested:

- All departments at BIS HQs shall fill the Form – 5 duly signed by HoDs of the department and thereafter collect the Yoga logo printed T- shirt and water bottles at BIS Club Room from 1500 hrs onwards 1630 hrs on 20 June 2024.**
- All officials shall wear the Yoga logo printed T-Shirt during the yoga session(s).
- To avoid the gathering, interested officials may enrol for the yoga session in advance as per their convenience.

5. In addition to above, IDY logo may be displayed and IDY related guidelines/digital resources may be uploaded on BIS website by ITSD and PR Department is requesting for using social media platforms for dissemination of latest updates and information about IDY – common messaging.

6. Further, with the help of ISRO, Bhuvan Yoga Mobile application has been developed for uploading the participation details. To capture participation in IDY, 2024 at different locations, the link for downloading the Bhuvan Yoga android application is as follows:

https://bhuvan-app3.nrsc.gov.in/mobile_app/bhuvan_mobile_app.php?proj_code=141

7. It is also requested to encourage and disseminate the use of IDY tagline # **Yoga for Self and Society** “योग - स्वयं और समाज के लिए”.

8. All officials at ROs/BOs/Labs/NITS including HQ are requested for maximum participation and also encourage to other officials in IDY, 2024 with zeal and enthusiasm.

9. This issues with the approval of the Competent Authority.

Encl: as above



(संदीप मीना)
निदेशक (प्रशासन)

Our Ref: ADMN/02/71/2023

Circulated to: All employees including contractual staff of ROs/BOs/Labs/NITS including HQ for kind information and compliance, please.

वैद्य राजेश कोटेचा
सचिव
Vaidya Rajesh Kotecha
Secretary



सत्यमेव जयते



भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
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D.O.No.M-16011/27/2024-YN
15th June, 2024

Dear Colleague,

With reference to my earlier DO Letters dated 11th June, 2024 and 12th April, 2024(copies enclosed), a meeting of Committee of Secretaries(CoS) was held under the chairmanship of Cabinet Secretary on 11th June, 2024 to review the preparations for the 10th International Day of Yoga 2024.

As a follow up of the directions conveyed in the CoS meeting, the roles and responsibilities of the Ministries/Departments for timely preparations and the seamless conduct of IDY 2024 are enclosed herewith.

It is requested that IDY celebrations may be arranged at a scale in your Ministry/Department at all levels which includes the Ministry/Department/Subordinate Offices/Autonomous Institutes/Training Institutes/PSUs, if any. If your Ministry/Department is having interface with the States/UTs, it is also requested that through this interface, States/UTs may be sensitized for the same.

Further, with the help of ISRO, Bhuvan Yoga Mobile application has been developed for uploading the participation details. To capture participation in IDY 2024 at different locations, the link for downloading the Bhuvan Yoga android application is as follows:

https://bhuvan-app3.nrsc.gov.in/mobile_app/bhuvan_mobile_app.php?proj_code=141

I shall be grateful if you could kindly facilitate the usage of this app among all stakeholders during the IDY 2024 event. Further, it is also requested to encourage and disseminate the use of IDY tagline # Yoga for self and society 'योग - स्वयम्औरसमाजकेलिए'.

With regards,

Encl : As above

To,

All Secretaries to the Government of India.

Yours sincerely,

RAJESH KUMAR KOTECHA
Digitally signed by RAJESH KUMAR KOTECHA
Date: 2024.06.15 16:05:31 +05'30'

(Rajesh Kotecha)



Common Activities for Ministries/ Departments



Maximum participation in the main IDY event on 21st June 2024

Using social media platforms for dissemination of latest updates and information about IDY – common messaging

Social Media posts of Ministry of Ayush may be shared by Ministries/Departments on their social media platforms

IDY logo may be displayed and IDY related guidelines/digital resources may be uploaded on the Websites/ Portals of respective Ministries/Departments. Communication sent in this regard

Ministries/Departments may sensitize their employees on CYP

Ministries/Departments may encourage their employees to undertake regular training sessions being conducted by Morarji Desai National Institute of Yoga



Common Activities for Ministries/Departments-2



Employees may be encouraged for participation of their family members in the IDY activities

Organizing Yoga-related activities such as online/offline lectures, workshops etc. by Yoga experts, ahead of IDY 2024

Publishing Yoga and IDY-specific articles in official e-newsletter, bulletin, magazine etc

Also to providing inputs to IDY-2024 Newsletter

Participation in IDY activities organized on MyGov platform and MyBharat portal like quiz, competitions, video campaigns, etc.