



DRAFT AMENDMENT TO INDIAN STANDARD IN WIDE CIRCULATION

Reference : AYD 02 (26123)

Date : 09 July 2024

TECHNICAL COMMITTEE : Yoga Sectional Committee, AYD 02

To,

All concerned

Dear Madam/Sir,

The following document has been prepared by the Yoga Sectional Committee Sectional Committee, AYD 02. Please [click here](#) to view the document.

Document Number : AYD 02 (26123) WC

Title of the document : Stainless Steel Neti Pot Specification Amendment - 1

Document Type : Amendment to Indian Standard (IS 18215 : 2023)

This document has following salient features which may require specific attention for your valuable comments:

1) *Ṣaṭkarma comprises of six purification practices. These practices are meant for internal cleaning of the body and prepare the Yoga practitioner for performing higher yogic practices. In Sanskrit 'Ṣaṭ' means 'Six' and 'karma' means 'Action'. It includes Neti, Dhauti, Nauli, Basti, Kapālabhati and Trātaka. Neti Kriyā is concerned with cleaning of nasal passage. It is considered to be a pre-requisite for cleaning up the respiratory passages for proper practice of Prāṇāyāma. Neti can be done with Jala (water), Sūtra (thread), Dugdha (milk) or Ghrta (ghee/purified butter). In Jalāneti, water is poured into one nostril and it automatically comes out through the other nostril. As available products in the market are neither standardized nor of the assured quality, therefore, there is a need for standardization of Neti Pot for quality and safety of the users.*

Please examine the document and share your comments regarding further improvement in the document.

Last date for sharing the comments is : 07 September 2024

The comments should be shared in the prescribed template through this portal only; and the comments so received shall be taken up by the Sectional Committee for necessary action. For any other query, please write an email at ayush-bis@bis.gov.in to the undersigned at Bureau of Indian Standard, Manak Bhawan, 9, Bahadur Shah Zafar Marg, New Delhi.

In case no comments are received, we would presume your approval of the documents. However, in case we receive any comments on the document, the same shall be put up to the Sectional Committee for necessary action.

Thanking You,

Yours faithfully,
(RACHNA SEHGAL)
Head (Ayush Department)
Email: ayush-bis@bis.gov.in



व्यापक परिचालन में मसौदा(दे)

हमारा सन्दर्भ : AYD 02 (26123)

दिनांक : 09-07-2024

तकनीकी समिति : Yoga Sectional Committee Sectional Committee, AYD 02

प्राप्तकर्ता : रूचि रखने वाले सभी निकाय

महोदय/या,

निम्नलिखित मसौदा तैयार किया गया है :

प्रलेख संख्या : AYD 02 (26123) WC

शीर्षक :

कृपया इस/इन मानक(को)/संशोधन(नो) के मसौदे(दो) का अवलोकन करें और अपनी सम्मतियाँ यह बताते हुए भेजें कि यदि ये मानक(को) के संशोधन(नो) के रूप में प्रकाशित हो तो इन पर अमल करने में आपके व्यवसाय अथवा कारोबार में क्या कठिनाइयां आ सकती हैं।

सम्मतियाँ भेजने की अंतिम तिथि : 07 September 2024

सम्मतियाँ, यदि कोई हों तो, कृपया यहाँ क्लिक करके ऑनलाइन पोर्टल के माध्यम से ऊपर दी गयी अंतिम तिथि तक दर्ज कराएं।

यह/ये प्रलेख भारतीय मानक ब्यूरो की वेबसाइट www.bis.gov.in पर भी उपलब्ध है/हैं।

धन्यवाद।

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