

BUREAU OF INDIAN STANDARDS

1st Meeting of the Sowa-Rigpa Sectional Committee (AYD-06)

Name of the Committee	No. of Meeting	Day	Date	Time	Venue
Sowa-Rigpa Sectional Committee. AYD-06	1 st	Wednesday	12 th July 2023	2:00 PM	Virtual Meeting through Webex.

CHAIRPERSON: Dr Padma Gurmet, Director, National Institute of Sowa-Rigpa, Leh

MEMBER SECRETARY: Dr. Raghavendra Naik, Scientist C, Bureau of IndianStandards

List of Participants: Placed at Annex A

ITEM 0 WELCOME AND OPENING REMARKS

0.1 Welcome address:

Smt. Manju Gupta, Scientist F & Head, Ayush Department, BIS, welcomed the Chairperson and participating members of AYD-06, Sowa-Rigpa Sectional Committee and thanked them for sparing their valuable time for supporting BIS in formulation of standards related to Sowa-Rigpa System of medicine. She apprised the Committee that BIS has formulated more than 22,000 Indian Standards till date and requested all the members to actively participate in Sowa-Rigpa related standardization work.

0.2 Introductory Remarks:

Dr. Raghavendra, Naik, Member SecretaryAYD-06, presented about the overview of Standardization activity in BIS. He also mentioned in brief about the Ayush related Standardization activities carried out across different departments prior to the establishment of a dedicated standardization department for Ayush systems in BIS.

0.3 Opening Remarks:

Dr. Padma Gurmet, Chairperson AYD-06, appreciated the efforts of Ministry of Ayush for creating Standardization Department related to Ayush system in BIS. He also appreciated

BIS for creation of a dedicated Sectional Committee for Sowa-Riga system which is gradually developing in the country. He emphasized on the need for expediting the development of Indian Standards in Sowa-Rigpa system of medicine for the benefit of Industry and other stakeholders. He thanked BIS for conducting workshop for the Chairpersons of the technical committees to provide valuable information regarding their role to facilitate the successful roll out of the various initiatives encompassed with standard formulation activity. He also requested the committee members for their proactive involvement in standardization in the field of Sowa-Rigpa.

ITEM 1 CONFIRMATION OF MINUTES OF THE LAST MEETING

The Committee noted that this item is not applicable as this is the first meeting of Sowa-Rigpa Sectional Committee (AYD 06).

ITEM 2 SCOPE AND COMPOSITION OF THE COMMITTEE

- **2.1.** The committee noted the scope of activities of the Ayurveda Sectional Committee (AYD-06) as provided in the agenda.
- **2.2.** The Committee noted the composition of Sowa-Rigpa Sectional Committee as provided in the Annex A of the agenda. The Committee Suggested to Co-opt following organizations in the Sowa-Rigpa Sectional Committee AYD-06.
 - 1. Men-Tsee-Khang (Tibetan Medical and Astro Institute), Dharamshala.
 - 2. Namgyal Institute of Tibetology, Gangtok, Sikkim.
 - 3. Chagpori Tibetan Medical Institute, Siliguri, West Bengal.
 - 4. Ladak Amchi Sabha.
 - 5. Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi.
 - 6. National Commission from Indian System of Medicine (NCISM), New Delhi.

The committee requested the Member secretary to send letters to these organizations seeking their nominations.

ITEM 3 ISSUES ARISING OUT OF PREVIOUS MEETINGS

The Committee noted that, this item is not applicable.

ITEM 4 DRAFT STANDARDS/AMENDMENTS FOR FINALIZATION

The Committee noted that, there are no draft standards/amendments for finalization under Sowa-Rigpa Sectional Committee.

ITEM 5 DRAFT STANDARD/ AMENDMENTS FOR APPROVAL FOR WIDE CIRCULATION

The Committee noted that, there are no draft standards/amendments for approval for wide circulation under Sowa-Rigpa Sectional Committee.

ITEM 6 DRAFTS UNDER PREPARATION

The Committee noted that, there are no drafts under preparation under Sowa-Rigpa Sectional Committee.

ITEM 7 COMMENTS ON PUBLISHED STANDARDS

The Committee noted that, this item is not applicable.

ITEM 8 NEW SUBJECTS

8.1 The Committee deliberated and identified following two areas for development of Indian Standards and recommended to create following two panels for preparation of Preliminary drafts on these identified subjects.

1. AYD 06/Panel 1: Panel for Terminologies related to Sowa-Rigpa.

Composition

- 1. Dr. Tashi Dawa, Central Institute of Higher Tibetan studies Saranath (Convener).
- 2. Dr. Kiruthiga G, Bureau of Indian Standards New Delhi.
- 3. Dr Jigme Migyure, Central Institute of Buddhist Studies, Leh
- 4. Dr Karma Chodon, Central Institute of Buddhist Studies, Leh
- 5. Dr. Ngawang Kunchen, Central Institute of Higher Tibetan studies Saranath
- 6. Mr Shawo Tamdin, Central Institute of Higher Tibetan studies Saranath
- 7. Dr Ramesh Kumar L, Govt Ayurveda Medical College, Mysore
- 8. Dr. Passang Dolma, Namgyal Institute of Tibetology, Deorali, Gangtok

Scope

- i). To prepare preliminary drafts on terminologies related to Sowa-Rigpa.
- ii). To examine and resolve the Comments received on preliminary drafts on terminologies.

2. AYD 06/Panel 2: Panel for Single herbs

Composition

- 1. Dr. Rigzin Smanla, National Institute of Sowa-Rigpa, Leh (Convener).
- 2. Dr. Thinlay Namgyal, National Institute of Sowa-Rigpa, Leh.
- 3. Dr. Mahe Alam, Bureau of Indian Standards New Delhi.

- 4. Dr. Shubhashree M N, Central Ayurveda Research Institute Bengaluru
- 5. Dr. Tashi Stobgais, National Institute of Sowa-Rigpa, Leh.

Scope

- i). To prepare a list of commonly used single herbs in Sowa-Rigpa and to identify single herbs for preparation of preliminary drafts.
- ii). To prepare preliminary drafts on identified single herbs of Sowa-Rigpa.
- iii). To resolve the comments received on preliminary drafts related to single herbs.

ITEM 9 TECHNICAL ISSUES

The committee noted that there are no technical issues for the discussion.

ITEM 10 INTERNATIONAL ACTIVITIES

Since there are no international activities related to Standardization in Sowa-Rigpa, this item is not applicable and the Committee noted the same.

ITEM 11 PROGRAMME OF WORK

The Committee noted that this item is not applicable.

ITEM 12 DATE AND PLACE OF NEXT MEETING

The committee recommended to hold the next meeting in Second week of September 2023 in consultation with Chairperson AYD 06.

ITEM 13 ANY OTHER BUSINESS

The committee recommended the participation of BIS Officers in Sowa-Rigpa related seminars and webinars for disseminating information related to Sowa-Rigpa related standardization activities being carried out in BIS

There being no other issues for discussion, the meeting ended with a vote of thanks.

Attendance

Name of the Committee	Day	Date	Time	Venue	Meeting Type
AYD 06-Sowa-rigpa Sectional Committee	Wednesday	2023-07-12	14:00		Hybrid meeting

Member Secretary: Dr Raghavendra Naik	Chairperson: Dr. Padma Gurmet
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S.No	Organization	Member	Uid	Email	Phone
1	National Institute of Sowa Rigpa,Leh	Dr. Padma Gurmet	2304112128	nrisr.leh@gmail.com	7298604808
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3	Central Institute of Buddhist Studies, Leh	Dr Thinles Yangjor	2304110850	amehithinles@gmail.com	9419819665
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