

BUREAU OF INDIAN STANDARDS

AGENDA

Name of the Committee	Meeting Number	Date and Time	Venue (Hybrid Mode)
AYD-02 Yoga Sectional Committee	4 th	27.09.2024, Friday, 9.00 AM	Meeting Link: https://bismanak.webex.com/bismana/k/j.php?MTID=m55c5edfaf5e61c2749ed377b500b69e8 Meeting Number: 2510 314 3816 Password: Ayd02@04

CHAIRPERSON:

Yogacharya Shri S. Sridharan
Krishnamacharya Yoga Mandiram
(KYM), Chennai

MEMBER SECRETARY:

Dr Raghavendra Naik
Scientist-C, Ayush Department,
Bureau of Indian Standards, New Delhi

ITEM 0 GENERAL

0.1 Welcome by BIS

0.2 Opening Remarks by the Chairperson, Yoga Sectional Committee (AYD-02)

ITEM 1 CONFIRMATION OF MINUTES OF THE LAST MEETING

The minutes of the Third Yoga Sectional Committee (AYD-02) meeting held on 15.04.2024 duly approved by the Chairperson were circulated to committee members through BIS module on May 6, 2024. No comments on the accuracy of recording were received.

The Committee may kindly CONFIRM the minutes as circulated.

ITEM 2 SCOPE AND COMPOSITION

2.1 Scope of the Committee

The scope of activities of the Yoga Sectional Committee (AYD-02) is,

“Formulation of Standards in the field of Yoga including traditional and modern aspects of products and services”.

The committee may kindly NOTE.

2.2 Composition of the Sectional Committee

2.2.1 The present composition of the Yoga Sectional Committee (AYD 02) along with the attendance record of the last three meetings is given in **Annex-A**.

The committee may kindly NOTE.

2.2.2 Revised nomination has been received from Morarji Desai National Institute of Yoga (MDNIY), New Delhi (**Annex B**)

- a) Dr. Lakshmi Kadan, (*Principal Member*)
- b) Mrs. Himani Shokhand, (*Alternate Member*)

The committee may kindly CONSIDER.

2.3 Composition of the Panels and Working groups

2.3.1 Panels are created under a Sectional Committee to have a smaller group of experts/professionals with the expertise and skill sets suitable for a standard or a set of standards under development, based on the scope of Sectional Committee. Considering the sub-sectors under Yoga sector, it is proposed to constitute the following Panels under AYD 02:

- a) Yoga Accessories**
- b) Yoga Terminologies**
- c) Yoga Protocol**

2.3.2 Working group is envisaged as a Special Purpose Vehicle to carry out a specific task: one particular subject or a set of related subjects for standardization or an existing standard or a set of related standards for review. The composition of the Expert working Groups that come under the purview of AYD 02 is given in **Annex C**.

The committee may kindly NOTE and DELIBERATE.

ITEM 3 ISSUES ARISING OUT OF PREVIOUS MEETINGS

As recommended during the previous meetings, working groups/panels were created for preparation of draft standards under following identified subjects.

S. No.	Subject	Present Status
1.	Jute Yoga Mat- Specification	The panel may brief the status. Any issues or difficulties while preparing the documents may be discussed.
2.	Copper Neti Pot-Specifications	
3.	Wooden Trataka Stand- Specification	
4.	Stainless Steel Trataka Stand - Specifications	
5.	Glossary of terms related to Patanjali Yoga Sutra	
6.	Glossary of terms related to Haṭhayogapradīpikā Yoga Text	
7.	Glossary of terms related to Gheranda Samhita	
8.	Panel for Yoga Props	
9.	Laghoo Shankhprakashana	
10.	Minimum Requirements for Yoga Wellness Centres	
11.	Pre-natal Yoga Protocol	

The committee may kindly NOTE.

ITEM 4 DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION

4.1 Draft standards for finalization

During the 3rd meeting of Yoga Sectional Committee, following drafts were finalized for publication. Some editorial corrections were suggested in the final document by the publication department. The documents were once again discussed in the panel and minor modifications were made. The committee may accord permission to process following three documents for publication.

S. No	Document No.	Title
1.	AYD 2 (22913)	Sutra Neti Thread – Specification (Annex D)
2.	AYD 2 (22914)	Vastra Dhauti Specification (Annex E)
3.	AYD 2 (23006)	Common Yoga Protocol -Yoga Practices (Annex F)

The Committee may kindly DECIDE.

4.2 Amendments for finalization

As recommended during the 3rd meeting of Yoga Sectional Committee, following three amendments were circulated for wide circulation for a duration of 60 days.

S. No	IS No.	Title
1.	IS 18215-2023	Stainless Steel Neti Pot Specification (Annex G)
2.	IS 17873:2022	Cotton Yoga Mat- Specification (Annex H)
3.	IS 17874 (Part 1): 2022	Glossary of Yoga Terminology Specification (Annex I)

No comments were received during the wide circulation period. The committee may kindly accord permission to publish the amended drafts.

The Committee may kindly DELIBERATE.

ITEM 5 DRAFT STANDARD FOR APPROVAL FOR WIDE CIRCULATION

Following draft standards have completed the P draft circulation among the members of Sectional Committee.

S. No.	Doc. No	Title of the P-Draft	Circulation completed on
1.	AYD 2 (25060)	Yoga T- Shirt - Specification (Annex J)	14 March 2024
2.	AYD 2 (25061)	Yoga Lower- Specification (Annex K)	14 March 2024

No comments have been received during the circulation. The committee may approve the P-draft for wide circulation for a period of Sixty Days.

The committee may kindly NOTE and DELIBERATE.

ITEM 6 INTERNATIONAL ACTIVITIES

6.1 A proposal to establish an ISO Technical Committee (TC) dedicated to Ayurveda and Yoga has been submitted to ISO. Following an internal review process, the proposal has been revised in response to feedback and resubmitted to the ISO Central Secretariat.

6.2 The BIS proposal on Ayurveda and Yoga was discussed during 91st Technical Management Board Meeting held on September 10, 2024 at Caratgena Colombia.

6.3 TMB has in principle decided to allocate BIS proposal to ISO/TC 249; to amend the title of ISO/TC 249 to "Traditional Medicine" and to create an SC on Traditional Chinese Medicine and another SC on Ayurveda and Yoga, if the proposal is approved during the ISO Members consultation. TMB has, therefore, decided to circulate the proposal on Ayurveda and Yoga to all ISO Members to determine the level of engagement in this field of work.

6.4 It is expected that, the proposal will soon undergo balloting among ISO member bodies for a duration of 12 weeks

The committee may kindly NOTE.

ITEM 7 PROGRAMME OF WORK

The programme of work related to Yoga Sectional Committee (AYD 02) is placed at **Annex L**.

The committee may kindly NOTE.

ITEM 8 DATE AND TIME FOR THE NEXT MEETING

It has been directed to conduct meetings of each Sectional Committee on a quarterly basis. Accordingly, the next meeting of the committee may be organized in consultation with the Chairman in the month of December 2024.

The committee may kindly NOTE.

ITEM 9 ANY OTHER BUSINESS

The committee may discuss any other item with the permission of the chair.
