



## **BUREAU OF INDIAN STANDARDS**

### **AGENDA**

#### **Fifth meeting of the Naturopathy Sectional Committee (AYD-03)**

<b>Name of the Committee</b>	<b>Meeting Number</b>	<b>Day &amp; Date</b>	<b>Mode</b>
Naturopathy Sectional Committee- AYD 03	5 <sup>th</sup>	Wednesday 20 November, 2024, 10.30 AM	Virtual Mode
<b>Meeting Link:</b> <a href="https://bismanak.webex.com/bismanak/j.php?MTID=mb0faf0d968a36c12f3e97026f9834477">https://bismanak.webex.com/bismanak/j.php?MTID=mb0faf0d968a36c12f3e97026f9834477</a>			
<b>Chairperson: Prof. Dr. K. Satyalakshmi</b>		<b>Member Secretary: Dr. Mahe Alam</b>	

#### **ITEM 0 GENERAL**

##### **0.1 Welcome by BIS**

##### **0.2 Opening Remarks by the Chairperson, Naturopathy Sectional Committee (AYD-03)**

#### **ITEM 1 CONFIRMATION OF MINUTES OF THE LAST MEETING**

The minutes of the fourth meeting Naturopathy Sectional Committee (AYD-03) held on 24.09.2024 duly approved by the Chairperson were circulated to committee members through BIS module on October 07, 2024. No comments have been received on the same.

*The Committee may kindly CONFIRM the minutes as circulated.*

#### **ITEM 2 SCOPE AND COMPOSITION**

The scope of activities of the Naturopathy Sectional Committee (AYD-03) is,

*“Standardization in the field of Naturopathy including traditional and modern aspects of products and services”.*

*The committee may kindly NOTE.*

##### **2.2 Composition of the Sectional Committee**

The present composition of the AYD 03 along with the attendance record of last four meetings are embedded below as Annex-A. Panel/Working groups are created under the AYD-03 sectional committee to have a smaller group of experts with the expertise and skill sets suitable for a standard or set of standards under development, based on the scope of Sectional committee. Considering the sub-

sector under Naturopathy Sector, it is proposed to constitute the following panels/ working group under the AYD-03:

- a. Naturopathy Terminology
- b. Naturopathy Equipment
- c. Naturopathy Treatment Protocol
- d. Hospital Planning

*The committee may kindly NOTE.*



Annexure-A  
Composition attend

### **2.3 Withdrawal of organizations from AYD-03**

The following organizations have not attended the last three meetings of AYD-03. The Committee shall take a decision on the retention or withdrawal of their membership of AYD-03.

- a) Five Lotus Indo German Nature Cure Centre, Raipur
- b) Jeevanam Naturopathy and Yoga Therapy Health Clinic, Thiruvananthapuram
- c) Sharma Enterprise, New Delhi

*The Council may consider*

### **ITEM 3 ISSUES ARISING OUT OF PREVIOUS MEETINGS**

During the previous meetings, 17 Panels/Working groups were created for the preparation of draft standards under various subjects identified. For the progress of work status, please refer to Item 7.

*Committee may kindly NOTE.*

### **ITEM 4 DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION**

In the 4<sup>th</sup> TC meeting of AYD-0 held on 26 September 2024, the committee recommended that the BIS secretariat to re-circulate the following drafts as WC draft for a period of 30 days.

<b>S. No.</b>	<b>Doc No</b>	<b>Subject</b>	<b>WC Completion</b>
1.	AYD 03 (24752)	Glossary of Naturopathy Terminology	08.11.2024
2.	AYD 03 (24751)	Hip Bath –Standard Operating Procedure	08.11.2024
3.	AYD 03 (24744)	Hip Bath Tub –Specification	17.11.2024
4	AYD 03 (24746)	Spinal Bath Tub Specifications	17.11.2024

*Committee may kindly NOTE.*

**ITEM 5. DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION FOR WIDE CIRCULATION**

During the previous meeting, 17 Panels/working groups were created for the preparation of draft standards under various subjects identified. For their work status, please refer to Items 6.

S. No.	Reference clause in minutes of 4th meeting of A Y D (0 3) & decision of the committee	Action taken/Status																								
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### **5.1 Document No. AYD 03 (24752) - Glossary of Naturopathy Terminology**

The committee authorized the BIS secretariat to recirculate the drafts to the TC members for two weeks. Accordingly, the draft on Glossary of Naturopathy Terminology modified and re-circulate as WC draft for a period of 30 days.

*The Committee may CONSIDER AND APPROVE and finalization WC-draft for publication*

### **5.2 Document No. AYD 03 (24751) - Hip Bath – Standard Operating Procedure**

The committee authorized the BIS secretariat to recirculate the drafts to the TC members for two weeks. Accordingly, the draft on Hip Bath – Standard Operating Procedure modified and re-circulate as WC draft for a period of 30 days.

*The Committee may CONSIDER AND APPROVE and finalization WC-draft for publication*

### **5.3. Document No. AYD 03 (24744) - Hip Bath Tub – Specification**

The committee authorized the BIS secretariat to recirculate the drafts to the TC members for two weeks. Accordingly, draft on Hip Bath Tub – Specification modified and re-circulate as WC draft for a period of 30 days.

*The Committee may CONSIDER AND APPROVE and finalization WC-draft for publication*

### **5.4 Document No. AYD 03 (24746) - Spinal Bath Tub – Specification**

The committee authorized the BIS secretariat to recirculate the drafts to the TC members for two weeks. Accordingly, the draft on Spinal Bath Tub - Specification modified and re-circulated as WC draft for a period of 30 days.

The comments received on **WC Drafts 5.1 to 5.4 is embedded below as Annexure- B.**



Annexure B  
Comments WC Draft

*The Committee may CONSIDER AND APPROVE and finalization WC-draft for publication*

## **ITEM 6 DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION FOR PRELIMINARY DRAFT CIRCULATION TO TC MEMBERS**

In the last meeting it has been decided the BIS secretariat to circulate the following P drafts to the TC members for the period of two weeks through BIS portal. Accordingly, P drafts were modified and circulated to TC members.

S. No.	Doc No	Subject
1.	AYD 03 (26746)	Panel for Enema Can specifications
2.	AYD 03 (26882)	Panel for SOP for EnemaTherapy
3.	AYD 03 (26849)	Panel for Full Immersion Bath Tub-Standard Operating Procedure
4.	AYD 03 (26872)	Naturopathy Therapeutic Head Massage - Standard Operating Procedure.
5.	AYD 03 (26880)	Naturopathy Therapeutic Foot Massage - Standard Operating Procedure.
6.	AYD 03 (26881)	Naturopathy Therapeutic Spinal Massage -Standard Operating Procedure.
7.	AYD 03 (26773)	Panel for Therapeutic Fasting- Standard Operating Procedure

The comments received from members of the Technical Committee on P.Drafts are embedded below as **Annexure- C**.



Annexure C  
Comments P Drafts.]

***The Committee may kindly NOTE and approved the drafts for Wide Circulation for the period of 60 days***

#### **ITEM 7 DRAFTS UNDER PREPARATION**

During the previous Sectional Committee meetings, the following panels/ working groups were constituted for the subjects mentioned below.

S. No.	Panel Number	Subject	Status
1.	WG -16	Panel for Mud Therapy - Standard Operating Procedure	The convener of the Panel, has submitted P. drafts. <b><i>The Committee may kindly NOTE and approved the drafts for circulation to TC members</i></b>
2.	WG- 4	Panel for Steam Bath Cabin - Specifications	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
3.	WG -5	Panel for Guidelines for Minimum requirements for Naturopathy and Yoga Clinic / Hospitals	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-

			draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
4.	WG -8	Panel for Massage Table Specifications	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
5.	WG -9	Panel for Enema Table Specifications	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
6.	WG -10	Panel for various Packs used in Naturopathy Therapy- Specifications	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
7.	WG -11	Panel for Foot and Arm Bath Specifications	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
8.	WG -12	Panel for Chromotherapy Specifications	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>

9.	WG -13	Guidelines for Minimum Requirements for Naturopathy & Yoga Wellness Centres.	Emails were sent to the convener of the Panel, requesting coordination and holding of meetings for their respective Panels to address the work assigned during the last meeting of the Sectional Committee aimed at drafting the P-draft. The P-draft is awaited. <b><i>The Committee may kindly NOTE and DELIBERATE.</i></b>
10.	WG -14	Panel for Therapeutic Fasting- Standard Operating Procedure <b>Change Convener</b>	<b><i>Panel Convener is no more and committee shall decide Convener</i></b>

### ITEM 8 NEW SUBJECTS FOR APPROVAL OF THE COMMITTEE

The Committee may identify the subjects and form working group/panels to deal with identified subjects.

***The committee may kindly CONSIDER***

### ITEM 9 PROGRAMME OF WORK

The programme of work related to AYD - 03 is embedded below as **Annexure- D**.

***The committee may kindly NOTE.***



Annexure - D Status  
AYD-03.pdf

### ITEM 10 DATE AND TIME FOR THE NEXT MEETING

It has been directed to conduct meetings of each Sectional Committee on a quarterly basis. BIS has formulated a meeting calendar. Accordingly, the next meeting of the committee may be organized in the month of March 2025 in consultation with the Chairperson.

***The committee may kindly CONSIDER.***

### ITEM 11 ANY OTHER BUSINESS

In recent past DG, BIS has issued some guidelines for the smart and efficient Sectional Committees (SC). The salient points are as under:

1. For a SC to function at the optimal level of efficiency, it is imperative that all its members are fully conversant with its vision, scope, challenges, long, medium- and short-term goals, support systems, functional norms and procedures. The decision to organize an Onboarding Programme (OP) for every newly inducted member within three months of their induction is

aimed at addressing this need as well as facilitating the unity of thought and a shared sense of purpose among the SC members. Attending the OP is a mandatory condition for the membership of SC.

2. Each of the SC members are required to sign a Declaration, as prescribed by the BIS, affirming their commitment to carry out the responsibilities of a SC members with utmost sincerity. The Declaration does not have legal backing and it imposes no liability on a member. It is just an instrument of remembrance of the role and responsibilities of a TC member. Signing of the Declaration is, however a mandatory condition for the membership of SC.
3. Attendance of the members in SC meetings is sine qua non for its effective and efficient functioning. A member remaining absent from two consecutive meetings of the SC and/or fifty percent or more meetings of the SC in a year shall automatically become disqualified to continue as the member of the SC; unless on receiving a representation to this effect, the DC decides upon the recommendation of the SC concerned to condone the absence in view of his/her valuable contribution to the SC.
4. If member of the SC having incurred disqualification is representing an organization, the membership of the organization shall stand terminated. In the case of the Central Government Ministries/Departments or a government organization, however, SC may decide to approach it to nominate a different expert/professional on the termination of the membership of its representative. All such correspondence shall be made, with the prior approval of DG, BIS.
5. To ensure that the members and the organizations they represent do not miss out on the seriousness of this matter, and alert will be sent to them by the Member Secretary of the SC immediately after their failure to attend a SC meeting.
6. Preliminary Draft stage of a standard is the occasion for the members of the SC to undertake a nuanced and in-depth analysis of the proposed standard. Abstaining from commenting on the P Draft by a member, therefore, has serious implications for the quality of the draft. Members must either support or reject it or offer their comments for improvement. A member not commenting on two consecutive and/or one fourth of the P Drafts circulated by the SC in a year will automatically be disqualified to continue as a member.
7. Comments on P or wide circulation Drafts shall be made only through the standardisation Portal. It not only helps in compiling and analyzing the comments, but also helps in the documentation of the standard formulation/review process.
8. Practice of preparing the Annual Calendar of SC meetings has been introduced to provide members enough time to adjust their calendar of engagements suitably and prepare for the meetings. The Annual calendar is available on the Standardization Portal. Through it is desired that every SC has quarterly meetings, it is for the SC to decide the number of meetings to be



held in view of the work load an urgency of the standards under developments. At least two meetings must be held by a SC, nonetheless, in a year.

9. To ensure that the SC meeting is held on the scheduled dates, it has been decided that the meeting should not be postponed for the inability of the chairperson to attend it for some unavoidable reason. It should, in his/her absence, be chaired by one of the members chosen by the members present, and the decisions taken in the meeting shall be deemed to have been taken by the SC for all purposes.
10. The SC meeting should as far as possible be held in the physical mode. The chairperson may decide, however, to hold them in the hybrid mode. It is also a good idea to organize SC meeting at prominent academic institutions or industries, as it may serve to spread awareness about the work and functioning of SCs.
11. Every member of a SC is entitled to requisition books and journals relevant for the work in progress through the Library Management System of the BIS by using the Log in Id created for this purpose. SCMD shall process the requisitions promptly.
12. Every member of a SC is authorized to submit the proposal for taking up an ARP or R&D Project commissioned by the BIS. As per the guidelines for R&D projects approved by the Executive Committee of BIS, small R&D projects (with financial involvements up to Rs 10 Lakh Only) can be awarded to the members of SC, WP, working groups and faculty or research scholars of the academic institutions having entered into MoU with BIS by inviting proposals from them.
13. The committee may discuss any other item related to standardization in the field of Naturopathy, with the permission of the chair.

***The Committee may kindly NOTE.***