



BUREAU OF INDIAN STANDARDS

Draft Minutes

Name of the Committee	Meeting Number	Day & Date	Mode
Naturopathy Sectional Committee- AYD 03	5 th	Wednesday 20 November, 2024 10.30 AM	Hybrid Mode
Chairperson: Prof. Dr. K. Satyalakshmi		Member Secretary: Dr. Mahe Alam	

ITEM 0 GENERAL

1.0 Welcome by Dr. Mahe Alam, Member Secretary & Deputy Director, BIS

Dr. Mahe Alam, Member Secretary, BIS, welcomed the Chairperson and virtually participating technical committee members of the Naturopathy Sectional Committee (AYD 03).

List of Participants are enclosed at Annexure – I

2.0 Opening Remarks by Prof. (Dr.) K. Satya Lakshmi, Chairperson, AYD-03

Prof. (Dr.) K. Satya Lakshmi, Chairperson, AYD-03, welcomed all the members of the Naturopathy Sectional Committee. She encouraged the members to actively contribute to the Indian standards formulation as this is the perfect time when stakeholders of Naturopathy could benefit from developing good Indian standards in the field of Naturopathy. She appreciated the efforts of the technical committee members for the contribution and timely prepared the Working drafts in effective manner to develop Indian Standards related to the Naturopathy in a time-bound manner. She appreciated the efforts of the Ayush Department of BIS for active participation in standardization work through seven technical committees covering all areas of the Ayush system.

Further, she requested the technical committee members to contribute more active and effectively to the process of development of Indian Standards for Naturopathy by sharing their valuable comments and technical inputs for improvement of drafts at each step in a time bound manner.

ITEM 3 CONFIRMATION OF MINUTES OF THE LAST MEETING

3.1 In the absence of any comments, the committee confirmed the minutes of the fourth meeting of the Naturopathy Sectional Committee (AYD-03), held on 24th September 2024 which were circulated to committee members through BIS portal.

ITEM 3.2 SCOPE AND COMPOSITION

The committee noted the scope and composition of the Naturopathy Sectional Committee (AYD-03) as provided in the Agenda at Sl. No. 2.

3.2.1 Withdrawal of organizations from AYD-03

The Member Secretary informed that the following organizations have not attended the last three meetings of AYD-03.

- a) Five Lotus Indo German Nature Cure Centre, Raipur
- b) Jeevanam Naturopathy and Yoga Therapy Health Clinic, Thiruvananthapuram
- c) Sharma Enterprise, New Delhi

After deliberations, the committee decided that the Member Secretary may send a reminder to the above said organizations for attending TC meeting as per the schedule.

ITEM 4 ISSUES ARISING OUT OF PREVIOUS MEETINGS

During the previous meetings, following Panels/Working groups were created for the preparation of draft standards under various subjects identified.

S. No.	Working Groups	Subject	Status
1.	WG -16	Panel for Mud Therapy - Standard Operating Procedure	The convener of the Panel, has submitted P. drafts. <i>The Committee approved the drafts for circulation to TC members for the period of two weeks</i>
2.	WG- 4	Panel for Steam Bath Cabin - Specifications	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
3.	WG -5	Panel for Guidelines for Minimum requirements for Naturopathy and Yoga Clinic / Hospitals	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
4.	WG -8	Panel for Massage Table Specifications	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
5.	WG -9	Panel for Enema Table Specifications	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
6.	WG -10	Panel for various Packs used in Naturopathy Therapy- Specifications	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
7.	WG -11	Panel for Foot and Arm Bath Specifications	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
8.	WG -12	Panel for Chromothermolium Specifications	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
9.	WG -13	Guidelines for Minimum Requirements for Naturopathy & Yoga Wellness Centres	The committee noted the slow progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
10.	WG -14	Panel for Therapeutic Fasting- Standard Operating Procedure	The committee have appointed Dr. Bairy Srinivas as the new Convener of WG14

ITEM 5 DRAFT STANDARDS FOR FINALIZATION

S. No.	Panel Number	Subject	Decision of the Committee
1.	Panel- I	AYD 03 (24752) Glossary of Naturopathy Terminology	The committee decided to Finalize the WC drafts for publication with minor correction in clause 2.94 Naturopathy Physician . Physician train/ institutional qualified in the field of naturopathy-referred to as 'physician/doctor'.
2.	Panel- II	AYD 03 (24751) Hip Bath –Code of practice	The committee decided to Finalize the WC drafts for publication without any changes.
3.	Panel- III	AYD 03 (24744) Hip Bath Tub AYD 03 (24746) Spinal Bath Tub-Specifications	

ITEM 6 DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION FOR WIDE CIRCULATION

The committee discussed and agreed for the Wide Circulation of Document No. AYD 03 (26746) AYD 03 (26882) AYD 03 (26849) AYD 03 (26872) AYD 03 (26880) AYD 03 (26881) and AYD03 (26773) Code of Practice for a period of 2 months after incorporating comments received from Technical Committee members.

S. No.	Doc No	Subject
1.	AYD 03 (26746)	Panel for Enema Can specifications
2.	AYD 03 (26882)	P draft SOP for EnemaTherapy
3.	AYD 03 (26849)	Panel for Full Immersion Bath Tub- Code of practice
4.	AYD 03 (26872)	Naturopathy Therapeutic Head Massage - Code of practice.
5.	AYD 03 (26880)	Naturopathy Therapeutic Foot Massage - Code of practice.
6.	AYD 03 (26881)	Naturopathy Therapeutic Spinal Massage - Code of practice.
7.	AYD 03 (26773)	Panel for Therapeutic Fasting- Code of practice.

ITEM 7 DRAFTS UNDER PREPARATION

The committee discussed and agreed to circulate P drafts Document on “Mud Therapy - Code of practice” Procedure as P. draft for a period of 2 weeks after modified draft is received from Working groups

ITEM 8 NEW SUBJECTS FOR APPROVAL OF THE COMMITTEE

The following new proposal discussed and decided to prepared Working draft with the subject experts.

- i. Ozone Therapy- Code of Practice
- ii. Spinal Bath Therapy -Code of Practice
- iii. Foot Arm Bath Therapy- Code of Practice
- iv. Various Hydrotherapy Packs – code of Practice
- v. Ozone Equipments – Specifications

Item 8.1. After deliberation, the committee decided to create the following working groups for the preparation of the Preliminary drafts.

Item 8.1.0 Working Group 18: Panel for Ozone Therapy- Code of Practice:

Dr. Pranav Khawale (Convener),
Dr. Marshalin,
Dr. Satwik Mandala

Scope

- a) To prepare Preliminary drafts on Panel for Ozone Therapy- Code of Practice within a period of one month; and
- b) To examine and resolve the comments received on these drafts.

The committee requested that the Member Secretary circulate the P draft as received from the panel to all the members of the sectional committee for a duration of two weeks for their comments.

Item 8.1.1 Working Group 19: Spinal Bath Therapy - Code of Practice:

Dr. Sumathi Chava (Convener),

Dr. Uday Kumar,

Dr. Reshma Pandurang

Dr. Shivangi Pandey

Scope

- a) To prepare Preliminary drafts on Spinal Bath Therapy - Code of Practice within a period of one month; and
- b) To examine and resolve the comments received on these drafts.

The committee requested that the Member Secretary circulate the P draft as received from the panel to all the members of the sectional committee for a duration of two weeks for their comments.

Item 8.1.2 Working Group 20: Foot Arm Bath Therapy- Code of Practice:

Dr. Vasundra (Convener),

Dr. Shreedar Pulipati,

Dr. Srinivas Reddy

Dr. Sharad Kumar

Scope

- a) To prepare Preliminary drafts on Foot Arm Bath Therapy- Code of Practice within a period of one month; and
- b) To examine and resolve the comments received on these drafts.

The committee requested that the Member Secretary circulate the P draft as received from the panel to all the members of the sectional committee for a duration of two weeks for their comments.

Item 8.1.3 Working Group 21 : Various Hydrotherapy Packs – code of Practice

Dr. Nagalakshmi (Convener),

Dr. Ganadeep,

Dr. Nivetha

Dr. Vasundra

Scope

- a) To prepare Preliminary drafts on Various Hydrotherapy Packs – code of Practice within a period of one month; and
- b) To examine and resolve the comments received on these drafts.

The committee requested that the Member Secretary circulate the P draft as received from the panel to all the members of the sectional committee for a duration of two weeks for their comments.

Item 8.1.4 Working Group 22: Specifications of Ozone Equipment's:

Dr Satwik Mandal (Convener)

Dr Bhargava Boddu

Dr Sridhar Pulipati

Scope

- a) To prepare Preliminary drafts on Panel for Ozone Therapy- Code of Practice within a period of one month; and
- b) To examine and resolve the comments received on these drafts.

The committee requested that the Member Secretary circulate the P draft as received from the panel to all the members of the sectional committee for a duration of two weeks for their comments.

ITEM 9 TECHNICAL ISSUES

The committee noted that there are no specific technical issues to be discussed and decided upon.

ITEM 10 PROGRAMME OF WORK

The committee noted the information.

ITEM 11 DATE AND TIME FOR THE NEXT MEETING

The committee recommended holding the next meeting during the month of January, 2024 in consultation with the chairperson.

ITEM 11 ANY OTHER BUSINESS

The meeting ended with a vote of thanks to the Chair.

The list of the members who participated the meeting

S. No.	Organization	Member Details	Role
1.	National Institute of Naturopathy (NIN), Pune, Maharashtra	Prof. Dr K. Satya Lakshmi	Chairperson
2.	Amrita Nature Cure and Yoga Centre, Secunderabad, Telangana	Dr. Sreedhar Pulipati	Principle Member
3.	Govt. Gandhi Naturopathy Medical College, Hyderabad, Telangana	Dr. Naga Lakshmi	Principle Member
4.	Greenwoods Centre for Health Care and Rehabilitation, Siliguri, West Bengal	Dr. Sarju Mandala	Principle Member
5.	Greenwoods Centre for Health Care and Rehabilitation, Siliguri, West Bengal	Er. Tanmay Mandala	Young Professional
6.	JSS Institute of Naturopathy and Yogic Sciences, Coimbatore	Dr. V. R. Dhillip	Principle Member
7.	Lifeline Enterprises Secunderabad, Telangana	Sh. Nishit Mandala	Principle Member
8.	Manthana Satyanarayana Raju Arogyalayam, Vijayawada, A.P	Dr. E. Srinivas Reddy	Alternate Member
9.	Manthana Satyanarayana Raju Arogyalayam, Vijayawada, A.P	Dr. N. V. Gnana Deep	Young Professional
10.	National Institute of Naturopathy(NIN) Pune, Maharashtra	Dr. P. Yuvaraj Paul	Principle Member
11.	Padmasoorya Yoga and Naturopathy Hospital, Tamil Nadu	Dr. B.S Nivetha	Principle Member
12.	Pema Wellness Resort Visakhapatnam, Andhra Pradesh	Dr. Sarath Kumar Damuluri	Principle Member
13.	Triguna Nature Cure and Yogic Clinic, Guntur	Dr. Uma Sundari	Principle Member
14.	National Institute of Naturopathy(NIN) Pune, Maharashtra	Dr. Tazmani Sultana	Panel Representative
15.	National Institute of Naturopathy(NIN) Pune, Maharashtra	Dr. Deepak	Panel Representative
16.	National Institute of Naturopathy(NIN) Pune, Maharashtra	Dr. Ajinkya Pawar	Panel Representative
17.	JSS Institute of Naturopathy and Yogic Sciences, Tamilnadu	Dr. Naresh	Alternate Member
18.	Jeevanam Naturopathy and Yoga Therapy Health Clinic, Thiruvananthapuram, Kerala	Dr. Vasundhara V R	Principle Member

