

# BUREAU OF INDIAN STANDARDS

## MINUTES

### 1<sup>st</sup> meeting of the AYD 01/ Panel 1

Name of the Panel	No. of meeting	Date, Day and Time	Venue
AYD 01/ Panel 1	1 <sup>st</sup>	07 <sup>th</sup> July, 2023 (Friday) 03:00 p.m.	Virtual meeting through Webex

#### List of Participants

1. Dr Raghavendra Naik : Bureau of Indian Standards, New Delhi
2. Dr Snehlata Jain : Food Safety and Standards Authority of India, New Delhi
3. Dr Kalpesh Panara : Institute of Teaching and Research in Ayurveda, Jamnagar
4. Dr Parvathy Nair : National Ayurveda Research Institute for Panchakarma, Cheruthuruthi
5. Dr Manjunath Ajanal : Rajiv Gandhi Education Society's Ayurvedic Medical College and Hospital, Ron

#### ITEM 0 WELCOME AND OPENING REMARKS

Dr. Raghavendra Naik, Scientist C/Deputy Director, BIS welcomed all the panel Members to the meeting and delivered a brief lecture on BIS, standard formulations activity and ongoing Ayush related standardization activity in BIS and ISO.

#### ITEM 1: PREPARATION OF DRAFT INDIAN STANDARDS ON SINGLE HERBS

**1.1** The panel noted the recommendation of Ayurveda Sectional Committee and discussed regarding the preparation of preliminary drafts on twenty single herbs.

**1.2** Following herbs were assigned to panel members for preparation of P drafts.

Panel Member	Name of the herb
Dr Raghavendra Naik	: 1. Sukmhmaila 2. Krishnajiraka 3. Kulattha 4. Kushtha
Dr Bhargav Bhide	: 1. Kutaja 2. Lavanga 3. Lodhra

- Dr Snehlata Jain : 1. Kanchanara  
2. Kankola  
3. Karanja  
4. Ketaki
- Dr Kalpesh Panara : 1. Mishreya  
2. Nyagrodha  
3. Pashanabheda
- Dr Parvathy Nair : 1. Patha  
2. Puga  
3. Shathi
- Dr Manjunath Ajanal : 1. Snuhi  
2. Shvetajiraka  
3. Kiratatikta

**1.3** It was decided to prepare a working draft initially, by referring Ayurveda, Siddha and Unani Pharmacopeias. All the panel members were requested to share preliminary drafts within 15 days for circulation among members of Ayurveda Sectional committee.

#### **ITEM 2: DATE OF NEXT MEETING**

The panel decided to hold its next meeting after 15 days with the consultation of the convener.

#### **ITEM 3: ANY OTHER BUSINESS**

There being no other business, the meeting ended with a vote of thanks.

# BUREAU OF INDIAN STANDARDS

## MINUTES

### 1<sup>st</sup> meeting of the AYD 01/ Panel 2

Name of the Panel	No. of meeting	Date, Day and Time	Venue
AYD 01/ Panel 2	1 <sup>st</sup>	14 <sup>th</sup> June, 2023 (Wednesday) 03:00 p.m.	Virtual meeting through Webex

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#### List of Participants

1. Dr Praveen Chaudhary, (Convener) : Tibbia College Delhi
2. Dr Prafulla S Fadnavis : Datta Meghe Ayurved Medical College Hospital and Research Centre, Wanadongri, Nagpur
3. Dr Pratap Shankar : National Ayurveda Research Institute for Panchakarma, Cheruturuthy
4. Dr Vineeta Negi, : Regional Ayurveda Research Institute, Mandi
5. Dr Raghavendra Naik : Bureau of Indian Standards, New Delhi

#### ITEM 0 WELCOME AND OPENING REMARKS

**0.1** Dr. Raghavendra Naik, Scientist C/Deputy Director, BIS welcomed all the panel Members to the meeting and delivered a brief lecture on BIS, standard formulations activity and ongoing Ayush related standardization activity in BIS and ISO.

**0.2** Dr Praveen Chaudhary, Convener, AYD 01/Panel 2 delivered the introductory remarks and highlighted the importance of developing standards for Ksharasutra and related subjects.

#### ITEM 1: DRAFT INDIAN STANDARDS ON KSHARASUTRA

**1.1** The panel discussed regarding the preparation of preliminary drafts on following two aspects related to Ksharasutra.

- a. Ksharasutra (Part 1): Specification for preparation of Ksharasutra
- b. Ksharasutra (Part 2): Product specification

**1.2** After discussion, the panel suggested that, instead of two different standards, one standard can be made by including a clause specifying Ksharasutra preparation method.

**1.3** It was decided to prepare a working draft initially, by referring Ayurveda Formulary of India, ICMR publications and other authentic publications. All the panel members were requested to share relevant documents for preparation of working draft within 15 days. The working draft will be discussed in the next panel meeting to finalize it for distribution among members of Ayurveda Sectional committee.

**1.2** The panel also advised that the following points shall be considered while finalizing the standard.

- The standard method of preparing kshara and the type of kshara (Mridu, Madhyama, Tikshna) to be used for Ksharasutra preparation.
- Species of Snuhi to be used for method of collection of Snuhi kshira.
- A standard for Ksharasutra cabinet.

The panel recommended to explore the possibility of developing separate standards for above subjects through concerned panels/working groups.

## **ITEM 2: DATE OF NEXT MEETING**

The panel decided to hold its next meeting after 15 days with the consultation of the convener.

## **ITEM 3: ANY OTHER BUSINESS**

There being no other business, the meeting ended with a vote of thanks.