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BUREAU OF INDIAN STANDARDS

MINUTES

Name of the Committee	Meeting Number	Day & Date	Mode
Naturopathy Sectional Committee- AYD 03	3 rd	Thursday 22 February, 2024 10.00 AM	Hybrid Mode
Venue: Manthena Satyanarayana Raju Arogyalayam, Vijayawada, A. P			
Chairperson: Prof. Dr. K. Satyalakshmi		Member Secretary: Dr. B. Venkateswar Rao	

ITEM 0 GENERAL

0.1 Welcome by Dr. B. Venkateswar Rao, Member Secretary & Deputy Director, BIS

Dr. B. Venkateswar Rao, Member Secretary, BIS, welcomed the Chairperson and participating physically/virtually members of the Naturopathy Sectional Committee (AYD 03).

0.2 Welcome address: Smt. Rachna Sehgal, Scientist G, Head (Ayush Department), BIS

Smt. Rachna Sehgal, Scientist G, Head, BIS welcomed the Chairperson and participating members of Naturopathy Sectional Committee (AYD 03) on behalf of BIS and thanked them for sparing their valuable time for supporting Ayush department at BIS in its pursuit of Standardization.

She also informed the committee that BIS has taken several process reform measures to infuse greater efficiency in the functioning of the Technical Committee. One of the good practices for the onboarding of new experts inducted into the technical committees is to ensure that they are fully conversant with the vision, programmes, priorities, and processes of the BIS.

0.3 Opening Remarks by the Chairperson, Naturopathy Sectional Committee (AYD-03)

Prof. (Dr.) K. Satya Lakshmi, Chairperson, AYD-03, welcomed all the members of the Naturopathy Sectional Committee. She emphasized on the need for expediting the development of Indian standards in the Naturopathy system of medicine for the benefit of industry and other stakeholders. She appreciated the efforts of the Ayush department at BIS for active involvement in Standardization work through seven sectional committees covering all the domains of the Ayush system. She requested that the expert members contribute actively and effectively to the standardization process by sharing their comments in a time-bound manner and by providing

technical input on the drafts as and when they are circulated by BIS. She explained the importance of the formulation of Indian standards for Naturopathy accessories, terminology, and tools.

ITEM 1 CONFIRMATION OF MINUTES OF THE LAST MEETING

1.1 In the absence of any comments, the committee confirmed the minutes of the second meeting of the Naturopathy Sectional Committee (AYD-03), held on 14th November 2023 which were circulated to committee members through BIS portal.

ITEM 2 SCOPE AND COMPOSITION

2.1 The committee noted the scope.

2.2. The committee noted the composition.

ITEM 3 ISSUES ARISING OUT OF PREVIOUS MEETINGS

Please refer to item no.6.

ITEM 4 DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION

The committee noted that there are no WC drafts pending for finalization.

ITEM 5 DRAFT STANDARDS/ AMENDMENTS FOR FINALIZATION FOR WIDE CIRCULATION

5.1 Document No. AYD 03 (24752) - Glossary of Naturopathy Terminology

5.2 Document No. AYD 03 (24751) - Hip Bath – Standard Operating Procedure

5.3. Document No. AYD 03 (24744) - Hip Bath Tub – Specifications

5.4 Document No. AYD 03 (24746) - Spinal Bath Tub – Specifications

The Committee deliberated on the drafts. It was decided to modify the “*Forward & References Clause*” in accordance with IS 12. All the Panel conveners responsible for the drafts were requested to send the modified drafts to BIS within a week. The committee authorized the BIS secretariat to issue the modified drafts received from panels in wide circulation for a period of two months.

ITEM 6 DRAFTS UNDER PREPARATION

The Committee reviewed the status and details of the drafts under preparation by the panels as given below:

S. No.	Panel Number	Subject	Decision of the Committee
1.	Panel- I	Panel for Glossary of Naturopathy Terminology	Please refer to item no.5.
2.	Panel- II	Panel for Hip Bath – Standard Operating Procedure	Please refer to item no.5.
3.	Panel- III	Panel for Hip Bath Tub – Specification & Spinal Bath Tub - Specifications	Please refer to item no.5.
4.	Panel- IV	Panel for Steam Bath Cabin - Specifications	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
5.	Panel -V	Panel for Guidelines for Minimum requirements for Naturopathy and Yoga Clinic / Hospitals	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
6.	Panel -VI	Panel for SOP for Enema Therapy	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
7.	Panel - VII	Panel for Enema Can Specifications	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
8.	Panel - VIII	Panel for Massage Table Specifications	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
9.	Panel -IX	Panel for Enema Table Specifications	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
10.	Panel -X	Panel for various Packs used in Naturopathy Therapy- Specifications	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
11.	Panel -XI	Panel for Foot and Arm Bath Specifications	The committee noted the low progress of the panel's work and requested the convenor of the

			panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.
12.	Panel - XII	Panel for Chromotherapy Chamber Specifications	The committee noted the low progress of the panel's work and requested the convenor of the panel to hold an early meeting and prepare the working draft on the subject within one month for circulation to the committee.

ITEM 7 NEW SUBJECTS FOR APPROVAL OF THE COMMITTEE

After deliberations, the committee identified the following subjects for the preparation of the new standards and constituted the following panels.

The scope and constitution of the panels are given below:

Panel XIII: Guidelines for Minimum Requirements for Naturopathy & Yoga Wellness Centres

1. Dr. Yuvaraj Paul, National Institute of Naturopathy-Pune (Convener)
2. Dr. Sarthkumar D, Pema Wellness Resort, Visakhapatnam.
3. Dr. D. Sathyanath, National Institute of Naturopathy, Pune.
4. Dr. Divya Panwar, National Institute of Naturopathy, Pune.
5. Dr. Sathwik, Kanha Wellness and Retreat Trust, Hyderabad.

Scope

- a. To prepare draft on Guidelines for Minimum Requirements for Naturopathy & Yoga Wellness Centres with in the period of one month.
- b. To examine and resolve the comments received on the draft on Guidelines for Minimum Requirements for Naturopathy & Yoga Wellness Centres.

Panel XIV: Panel for Therapeutic Fasting- Standard Operating Procedure

1. Dr. S. N. Murthy, Pema Wellness Resort, Visakhapatnam, Andhra Pradesh. (Convener)
2. Dr. Sarath Kumar Damuluri, Pema Wellness Resort, Visakhapatnam, Andhra Pradesh.
3. Dr. B.S Nivetha, Padmasoorya Yoga and Naturopathy Hospital, Tamil Nadu.
4. Dr. N. Bhanu Kiran, Govt. Nature Cure Hospital, Hyderabad.

Scope

- a. To prepare draft on Therapeutic Fasting- Standard Operating Procedure with in the period of one month.
- b. To examine and resolve the comments received on the draft on Therapeutic Fasting- Standard Operating Procedure.

Panel XV: Panel for: -

- a) **Naturopathy Therapeutic Head Massage - Standard Operating Procedure.**
- b) **Naturopathy Therapeutic Foot Massage - Standard Operating Procedure.**
- c) **Naturopathy Therapeutic Spinal Massage- Standard Operating Procedure.**

1. Dr. Yuvaraj Paul, National Institute of Naturopathy-Pune (Convener)
2. Dr. Naga Lakshmi, Govt. Gandhi Naturopathy Medical College, Hyderabad
3. Dr. Bairi Srinivas, M S R Arogyalayam, Vijayawada. AP.
4. Dr. Srinivas Reddy., E, M S R Arogyalayam, Vijayawada. AP.
5. Dr. Divya Panwar, National Institute of Naturopathy, Pune.

Scope

- a. To prepare draft on for Standard Operating Procedure for Naturopathy Therapeutic Head Massage, Naturopathy Therapeutic Foot Massage and Naturopathy Therapeutic Spinal Massage with in the period of one month.
- b. To examine and resolve the comments on the drafts on Standard Operating Procedure for Naturopathy Therapeutic Head Massage, Naturopathy Therapeutic Foot Massage and Naturopathy Therapeutic Spinal Massage.

Panel XVI: Panel for Mud Therapy - Standard Operating Procedure

1. Dr. B.S Nivetha, Padmasoorya Yoga and Naturopathy Hospital, Tamil Nadu (Convener).
2. Dr. Naga Lakshmi, Govt. Gandhi Naturopathy Medical College, Hyderabad
3. Dr. Yuvaraj Paul, National Institute of Naturopathy-Pune
4. Dr. N. V. Gnana Deep, M S R Arogyalayam, Vijayawada. AP.

Scope

- a. To prepare draft on Mud Therapy - Standard Operating Procedure with in the period of one month.
- b. To examine and resolve the comments on the draft on Mud Therapy - Standard Operating Procedure.

Panel XVII: Panel for Full Immersion Bath Tub - Standard Operating Procedure

1. Dr. Sarju Mandala, Greenwoods Centre for Health Care and Rehabilitation, Siliguri (Convener)
2. Dr. Uma Sundari, Triguna Nature Cure and Yoga Clinic, Guntur, A. P.
3. Dr. Himanshu Sharma, Sant Hirdaram Medical College of Naturopathy and Yogic Sciences for Women, Bhopal,
4. Er. Tanmay Mandala, Greenwoods Centre for Health Care and Rehabilitation, Siliguri.

Scope

- a. To prepare draft on Full Immersion Bath Tub - Standard Operating Procedure within the period of one month.
- b. To examine and resolve the comments received on the draft on Full Immersion Bath Tub - Standard Operating Procedure

8.2.3 The committee requested the convener of the panels to submit the drafts to the Member secretary within a period of one month, and requested the Member secretary to circulate the drafts to the committee members for a period of two weeks for their input.

ITEM 8 TECHNICAL ISSUES

The committee noted that there are no specific technical issues to be discussed and decided upon.

ITEM 9 PROGRAMME OF WORK

The committee noted the information.

ITEM 10 DATE AND TIME FOR THE NEXT MEETING

The committee recommended holding the next meeting during the second week of May 2024, in consultation with the chairperson.

ITEM 11 ANY OTHER BUSINESS

The committee noted the proactive initiatives of BIS for strengthening the standard formulation activity.

The meeting ended with a vote of thanks to the Chair.